



Nell Holcomb R-IV School

October 2019

Menu



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
No School	1 Pancakes, sausage, fruit, & milk Beef taco on soft shell, lettuce, cheese, salsa, refried beans, pineapple, & milk	2 Cereal, cinnamon toast, fruit, & milk Cheeseburger, French fries, applesauce, snickerdoodle cookie, & milk	3 Honeybun, fruit, & milk Tomato soup, grilled cheese sandwich, pears, & milk	4 Breakfast pizza, fruit, & milk Chicken fries, baked beans, apple slices w/caramel dip, bread, & milk
7 French toast sticks, fruit, & milk Beefaroni, peas, pineapple, garlic bread, & milk	8 Muffin, yogurt, fruit, & milk Ham w/cheese on bun, potato tots, applesauce, & milk	9 Cereal, cinnamon toast, fruit, & milk Chicken nuggets, whipped potatoes w/gravy, biscuit, peaches, & milk	10 Bagel, fruit, & milk Vegetable soup, grilled cheese sandwich, pears, & milk	11 Pop tart, yogurt, fruit, & milk Pizza, corn, mixed fruit, & milk
14 Pancakes, sausage, fruit, & milk Corn dog, chips w/nacho cheese, baked beans, peaches, & milk	15 Scrambled eggs, juice, toast, & milk BBQ chicken on bun, potato smiles, pears, & milk	16 Cereal, cinnamon toast, fruit, & milk Salisbury steak w/gravy, whipped potatoes, green beans, hot roll, & milk	17 Honeybun, fruit, & milk Chili, peanut butter sandwich, applesauce, & milk	18 No School
21 No School	22 French toast sticks, fruit, & milk BBQ pork riblet on bun, potato tots, cheese stick, peaches, & milk	23 Cereal, cinnamon toast, fruit, & milk Taco pie, corn, applesauce, & milk	24 Bagel, fruit, & milk Chicken fries, corn, bread, fried apples, & milk	25 Breakfast cookie, yogurt, fruit, & milk Hotdog on bun, baked beans, pears, & milk
28 Pancakes, sausage, fruit, & milk Taco salad, pineapple, & milk	29 Biscuit w/gravy, sausage, juice, & milk Cheeseburger, French fries, applesauce, rice krispy treat, & milk	30 Cereal, cinnamon toast, fruit, & milk Chicken & noodles, green beans, peach cup, hot roll, & milk	31 Breakfast cookie, yogurt, fruit, & milk Potato soup, grilled cheese sandwich, pears, & milk	Nov. 1 Honeybun, fruit, & milk Pizza, salad, fruit salad, & milk

*Baby carrot sticks, broccoli florets, and dried fruit offered daily to all students. Cereal & toast offered daily as an alternative to breakfast. * Salads offered daily to grades 6th through 8th. In accordance with Federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, the USDA, its Agencies, offices, and employees, and institutions participating in or administering USDA programs are prohibited from discriminating based on race, color, national origin, sex, disability, age, or reprisal or retaliation for prior civil rights activity in any program or activity conducted or funded by USDA. To file a program complaint of discrimination, complete the USDA Program Discrimination Complaint Form, (AD-3027) found online at: http://www.ascr.usda.gov/complaint_filing_cust.html, and at any USDA office, or write a letter addressed to USDA and provide in the letter all of the information requested in the form. To request a copy of the complaint form, call (566) 632-9992. Submit your completed form or letter to USDA to: U.S. Department of Agriculture Office of the Assistant Secretary for Civil Rights, 1400 Independence Avenue, SW Washington, D.C. 20250-9410. This institution is an equal opportunity provider.